CPA SCP OTTAVA 2024

CPA Convention Highlights

Health Psychology & Behavioural Medicine Section Programming:

Friday, June 21st

Talk Session

British Columbia - 2nd Floor

11:30-11:45

12-Minute Talk: Canadian Health Care Centres Wellness Programs for Healthcare Professionals: A 2-step Environmental Scan and Survey Study by Vincent Gosselin Boucher

11:45-12:00

12-Minute Talk: Towards a Canadian Health Psychology Network: Preliminary Analyses from a National Survey of Faculty across Canada by **Kharah Ross**

12:00-12:15

12-Minute Talk: Navigating Uncertainty: Exploring Parents Knowledge of Concussion Management and Neuropsychological Baseline Testing by **Fergal O'Hagan**

12:15-12:30

12-Minute Talk: The perspectives of clinicians and decisions makers on facilitators and barriers to adoption and initial implementation of the Fear of Recurrence Therapy (FORT) intervention in 5 Canadian cancer centers by **Sophie Lebel**

12:30-12:45

12-Minute Talk: Investigating the Impact of Pre-Treatment Beliefs on the Outcomes of Cognitive Behavioral Therapy for Insomnia among Cancer Survivors by **Sheila Garland**

Talk Session

Les Saisons - 3rd Floor

14:00-14:15

12-Minute Talk: A Randomized Controlled Trial of Investigating the Efficacy of Neuro-feedback Mindfulness in Migraine management by **Faly Golshan**

14:15-14:30

12-Minute Talk: Randomized Controlled Trial of a self-guided program for infertility-related distress based on Acceptance and Commitment Therapy by **Ashley Balsom**

15:00-15:55

Snapshot Session H

Newfoundland - 4th Floor

Does geospatial access to healthy foods exacerbate the association between diabetes and depression? by **Genevieve Forget**

A Scoping Review of Research Utilizing Wrist-Worn Wearables among Adolescent Samples by **Megan Ames**

Barriers and Enablers of the Receipt and Enactment of a Novel Intervention for Children and Youth with Inflammatory Bowel Disease: a multiple goals perspective by **Jenny Olson**

Comparison and Validation of Sleep Actigraphy Algorithms Using a Large Community Dataset by **Darshan Panesar**

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CPA Convention Highlights

Health Psychology & Behavioural Medicine Section Programming:

Saturday, June 22nd

9:00-10:25

Workshop: Effective Use of Social Media for Knowledge Mobilization by **Thomas Hadjistavropoulos**

British Columbia - 2nd Floor

11:00-11:55

Panel Discussion: Pathways for Success: Insights for Early Career Professional Development in Health Psychology and Behavioural Medicine by Vincent Gosselin Boucher

14:00-14:55

Poster Session E

Confederation III - 4th Floor

15:00-15:55

Featured Guest Speaker

Les Saisons - 3rd Floor

Dr. Nicole Alberts

Leveraging Digital Health to Increase the Impact of Behavioural Health Interventions across the Lifespan

16:00-16:55

Section Annual Meeting

Les Saisons - 3rd Floor

17:00-17:55

Award and reception

Les Saisons - 3rd Floor

18:00-18:55

Joint Reception

Governor General Ballroom II - 4th Floor

Sunday, June 25th

8:30-9:55

Workshop: Effective Sleep Solutions for Comorbid Insomnia Disorder: Beyond Sleep Hygiene by **Colleen Carney**

Manitoba 2nd Floor

9:30-9:45

12-Minute Talk: Pregnancy-specific Anxiety and Social Support: Protective Factors for Child Executive Functioning Through Epigenetic Age by **Catherine Lowe**

Province I - 4th Floor

9:45-10:00:

12-Minute Talk: Impact of Positive Childhood Experiences and Social Support on Emotion Regulation Abilities in Adults with ADHD by **Catherine Lowe**

Province I - 4th Floor